The Effects of Shame on Identity Development: An Exploration of Shame in Andrew Solomon’s *Far From the Tree*

This is an intermediate-level salon for clinicians and graduate students in mental health. In Andrew Solomon’s *Far From the Tree*, he examines the varied ways that parents address the emotional, physical, and social needs of exceptional children who fall far from familiar family characteristics. Shame and how the parents and children experience shame play a key role in the child’s development of a sense of self as either whole and integrated or distant from others and unconnected. We will discuss the definitions and clinical implications of shame from different psychoanalytic perspectives. Goals are to (1) identify the prevalent shame and diversity theme in the chapters discussed and (2) to identify the relevant dynamics using a psychoanalytic theory.

CME/CE credits: 1.5 per session

Facilitators:

**Joellen Peters, PhD** is Education Chair for ASPP and has a private practice in Austin. She studied self psychology during her postdoctoral supervision. She presented a paper on adoption at national and local psychoanalytic conferences.

**Patty Olwell, LPC** is a psychotherapist in private practice in Austin. She works with individuals, couples and groups. She is a Level 2 AEDP therapist, Level 2 Gottman Couples therapist, and is receiving extensive training in group therapy. She is a founding and current board member of Austin IN Connection.

Location: Patty Olwell’s office, 2306 Lake Austin Blvd, Austin, TX 78703  
*Tele:* (512) 296-9039


Readings:


**Oct. 9**  
Read “Son” and “Deaf” from *Far From the Tree*

**Nov. 13**  
Read “Rape” from *Far From the Tree*

**Dec. 11**  
Read “Schizophrenia” from *Far From the Tree*

**Jan. 8**  
Group’s Choice

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CME: These activities have been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Center for Psychoanalytic Studies. APsaA is accredited by the ACCME to provide continuing medical education for physicians. APsaA designates these live activities for a maximum of 16.5 AMA PRA Category 1 credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity. IMPORTANT DISCLOSURE: None of the planners or the presenter of this CME program have any relevant financial relationships or conflicts of interest to disclose.

CEs: This program, when attended in its entirety is available for 1.5 continuing education credits per session for the both salons. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content. Participants must attend 100% of the program in order to receive a Certificate of Attendance. Division 39 is committed to accessibility and non-discrimination in its continuing education activities. Division 39 is also committed to conducting all activities in conformity with the American Psychological Association’s
Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Joellen Peters at (512) 627-1308. There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest. During the program, the presenter will discuss the validity and utility of the content.